



TEAMology



It's Going to be Alright with Amelia & Philo

How Best to Use This Video:

Time Needed: 20 Min

1. Explain to the class that you are going to be watching a short video about Amelia, who shows acceptance and anti-bullying, and Philo, who solves problems. If they aren't already familiar with TEAMology, explain that Amelia and Philo have super strengths and, with their other TEAMmates, hang out at the TEAMology House.
2. Tell the class that the TEAMology house is a place of unity and respect where anyone can come be part of the TEAM. Everyone in the house is expected to treat each other with respect, have each other's backs, and celebrate each other's differences.
3. Watch the video together.
4. Ask students what they think about the house theme song. You can prompt with questions such as "What was the song all about?", "What do you think you can learn from the song?", and "What message do you think the characters are trying to get across in the song?". You can re-watch the theme song part of the video, if needed. Allow time for answers.
5. Ask students what they think Amelia's super strength is. If they don't know tell them it is Anti-Bullying & Acceptance. Explain that acceptance is all about recognizing we are all different and that is what makes us all great and that celebrating differences can help make sure there is no bullying.
6. Ask students how Amelia used anti-bullying strategies in the video. Then process the different aspects of anti-bullying and acceptance – How did the boy feel when Sophia was getting bullied? Before Amelia stepped in, how was the boy handling the situation? Why wasn't he doing anything to help? Why is it importance to accept others for who they are? What would happen if we all made fun of each other because of our differences? What would happen is nobody ever stepped in when others were getting bullied? Allow time for discussion amongst each other.
7. Have students share times they have stood up for someone else or celebrated differences.
8. Ask students what they think Philo's super strength is. If they don't know tell them it is Problem Solving.
9. Ask students what problem was happening in the video. Then process the problem solving steps with them. Explain that first you need to figure out what the problem is, then you need to think of some solutions and then try the ideas you came up with until you solve it. In the video, the problem was big because the dog could get hurt, so they needed to go right to a professional.
10. Tell students that if they have a big problem that is dangerous, scary or where someone is hurt they need to get an adult right away.
11. Have students share times they were able to solve their own problems.

Follow Up Activity: Student Skits

Time Needed: 30 Min

1. Put students into small teams of 3-4 and assign each team either Anti-Bullying & Acceptance or Problem Solving.
2. Tell students they are going to write and then perform their own skit on their assigned topic.
3. Allow time for teams to work together to come up with their skits and practice.
4. Have each team perform their skit for the rest of the class.
5. Ask follow up questions to the class after each skit such as - What anti-bullying strategies were used? How did they show acceptance for each other? What was the problem? What did they do to solve the problem?